



Self-Realization Fellowship
 FOUNDED 1920 BY PARAMAHANSA YOGANANDA
TUCSON MEDITATION GROUP

NEWSLETTER

Once we were strangers, but when we love God, we become brothers and sisters.”

~ *Paramahansa Yogananda*

Sunday Meditation Service 9 - 9:50 a.m.

Sunday Reading Service 10 - 11 a.m.

Nov 7th	“Practicing Yoga in World Affairs”
Nov 14th	“Giving Thanks for Life’s Blessings”
Nov 21st	“Freedom from Habit Slavery”
Nov 28th	“Loyalty is the Greatest Law”
Dec 5th	“The Universality of Religion”
Dec 12th	“Finding the Joy in Life”
Dec 19th	“The Nature of a Master”
Dec 26th	“Celebrating Christmas in the Silence of the Soul”
Jan 2nd	“Controlling Your New Year’s Destiny”
Jan 9th	“Kriya Yoga - Royal Science of Realization”
Jan 16	“The Art of Developing Memory”
Jan 23rd	“Why Life’s Tests are Thrust Upon Us”
Jan 30th	“Making the Most of Sundays”

Regional Events

There will be **no Fall Retreat** this year as of **SRF Mother Center**. There are tentative plans for a Spring Retreat at the Redemptorist Center with the monks from Phoenix Temple. We will let everyone know if that is confirmed.

Social

Nov 21st	Vegetarian Pot-Luck
Dec 19th	Christmas Vegetarian Pot-Luck
Jan 16th	Vegetarian Pot-Luck

Special Dates and Important Information

TMG Council is asking members to access the SRF online services for the Commemoratives and Christmas events for the next 3 months. You can find information for SRF at [yogananda.org/weekly & special events](http://yogananda.org/weekly%20&%20special%20events)

Christmas Tree Decoration at TMG will be after the Reading Service on Dec 5th

TMG will now have **Thursday** evening **Meditations** from 6-8pm. These will replace the Wed. and Friday meditations.

SRF Resources/TMG Resources

TMG has a **Book Room and Lending Library** open after the Sunday Services, featuring a complete selection of Self-Realization Fellowship books, DVDs, CDs, photographs and more. Please feel free to make purchases after the services.

Visit our **Updated Website!**
<http://www.tucsonmeditationgroup.org>
 We are on **Facebook**
<https://www.facebook.com/SRF108TucsonMeditationGroup/>

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